# **Ascension Bay Expedition Packing List**

# PACKING FOR YOUR TRIP

- Label the following items with your name, address and phone number.
- Bring only what you need and pack everything in your backpack or daypack.
  Participants can bring one additional set of travel clothes (e.g. jeans and a t-shirt) to wear on the plane.
- You will have the chance to do laundry, so please stick to the packing list and bring only the clothes and items listed below.
- In an effort to keep equipment cost to a minimum, LFFE has a rental program for certain high price items. All items that can be rented from LFFE are marked with an \*.
- If you have any questions, please contact our office at 828-577-8204

### **CLOTHING**

<ul> <li>Fleece Jacket or Pullover The fleece should be medium weight and reasonably compact.</li> </ul>
□ <b>Waterproof/Breathable Rain Jacket and Rain Pants</b> Your rain gear must be waterproof and breathable. Gore-Tex is one of the better-known waterproof breathable fabric brands, but there are many to choose from.
☐ <b>Fishing Shorts</b> Two or three pairs of synthetic (not cotton) shorts. Athletic shorts or hiking shorts work well.
□ <b>Fishing Pants</b> Quick dry synthetic hiking/fishing pants.
□ <b>T-Shirts</b> Three synthetic t-shirts.
□ 1 Long Sleeve Shirt
□ <b>Underwear</b> Six pairs.
□ <b>Socks</b> Six pairs.

Wading Sandals These must have a heel strap for fishing, swimming, and wearing around the lodge, boats, and flats. Flip-flops or Crocs are not acceptable for wading. Fishing-specific sandals or secure sandals such as Chacos, Tevas, or Keens all work great.
$\hfill\Box$ Sneakers or Tennis Shoes Something you don't mind getting dirty and wet.
□ Bathing Suit
□ <b>Blue Jeans</b> 1 pair of jeans or other casual pants.
CAMPING EQUIPMENT
Day Pack Your day pack can be used as a carry-on for your flight and will be necessary for daily fishing trips. This can be a very basic backpack, maybe even just your school backpack. It should be big enough to hold your lunch, 2 water bottles, snacks, an extra layer, and a rain jacket.
□ Headlamp & Extra Batteries
<ul> <li>Water Bottles Two 1-liter Nalgene (or similar) water bottles. A Camelback or similar water bladder also works.</li> </ul>
□ Small Safety Whistle
Fishing Gear
<ul> <li>*Fly rod – bonefish: 8 weight, floating line</li> <li>*Fly rod – permit: 9-10 weight, floating line</li> <li>*Fly rod – tarpon: 10-12 weight, floating or intermediate line</li> </ul>
□ <b>Sunglasses</b> Polarized glasses are essential for fly fishing and safety.

□ **Sunglass Retainer** Chums, Croakies, or similar.



<ul> <li>*Fishing Tackle (All of the items below can be purchased from LFFE as a complete "Tackle Lanyard" or brought by you.)</li> </ul>
<ul> <li>1 Tube of fly "Floatant"</li> <li>1 Small Fly Box We provide a selection of flies.</li> <li>1 Pair of Nippers Small clippers for cutting line (nail clippers work well).</li> <li>1 Pair of Forceps Small locking pliers.</li> </ul>
MISCELLANEOUS GEAR
<ul> <li>Toiletries         All items should be travel size. If necessary, you will be able to restock during the trip.     </li> </ul>
□ Mesh Laundry Bag
□ Hat with Visor
□ <b>Wristwatch</b> Inexpensive and waterproof.
<ul> <li>Sunscreen (SPF 15+) &amp; Chapstick (with SPF protection) Please bring ample amounts of sunscreen.</li> </ul>
□ Insect Repellent
□ Personal Journal or Notebook
<ul> <li>Spending Money \$25/week in cash or a debit/credit card. (in addition to travel money for the end of the trip)</li> </ul>
Optional GEAR
□ Book

<ul> <li>Neoprene Wet Wading Socks These can help cut down on blisters from the rubbing of wet sandal straps.</li> </ul>
□ <b>Camp Chair (</b> Crazy Creek or similar).
□ <b>Digital Camera &amp; Extra Batteries</b> Great for documenting the trip. Make sure you bring a large-enough memory card (1 to 4 GB).
□ <b>GO Pro</b> Or similar compact/durable movie camera.
□ A Selection of your favorite flies
□ <b>Hammock</b> Lightweight brands made for backpacking.

 $\hfill\Box$  Fishing Net With rubber net material.



# Please note the following important Cell Phone, Electronics, and Personal Property Policies:

Our programs offer the opportunity to strengthen independence and self-reliance. To maximize these benefits, we do not permit phone calls to or from our students (except in the case of emergency).

If it is important for your son or daughter to be able to call you while enroute to LFFE, our policy is as follows: On arrival, we will collect all phones, but we have found that safeguarding these phones can be problematic given that our programs move from place to place. Despite our best efforts, phones could be lost, damaged, or stolen. We regret that, due to the expense involved in replacing these items, we take absolutely no responsibility for phones, electronics, or personal property brought by students and <u>we will not make any reimbursements</u> for lost, damaged or stolen phones, electronics or personal property.

#### COMMUNICATIONS

- To maximize independence and self-reliance, we do not permit phone calls, emails, or text messages to or from our students (except in the case of an emergency).
- Your child will call home with our phones and assistance on arrival and departure if he/she flies to his/ her program.
- In the case of an emergency, we will make sure you are in touch with your child as soon as possible.

## **CELL PHONES**

- Cell phone use is prohibited on all LFFE programs.
- Any phone brought by a student will be collected by LFFE on arrival and returned at departure.

#### PERSONAL ELECTRONICS

- We do not permit personal electronics (e.g. Kindles or iPads) except for digital cameras.
- Any electronics brought by a student will be collected by us on arrival and mailed home or returned at departure.

#### PERSONAL PROPERTY

Lillard Fly Fishing Expeditions is not responsible for any student's personal property—including but not limited to: phones, electronics, cameras, camping/fishing equipment, and clothing. Please schedule all expensive items on your homeowners insurance policy to ensure that your child/ ward's personal property and equipment is covered against loss, damage or theft.

Questions or concerns? Please give us a call (828) 577-8204