

LFFE Mexico Packing List

Packing for Your Trip

- **Label the following items with your name and phone number.**
- **Bring only what you need and pack everything in your backpack or bag. Participants can bring one additional set of travel clothes (e.g. jeans and a t-shirt) to wear on the plane.**
- **Cotton Clothes do not keep you warm when you are wet and can cause irritating blisters. Please pack synthetic clothing whenever possible to maximize comfort on the trip.**
- **In an effort to keep equipment cost to a minimum, LFFE has a rental program for certain high price items. All items that can be rented from LFFE are marked with an *.**
- **It is preferable if you can fit all items into your carry on bag, but not necessary. Be sure to carry your fly fishing rod and reel, and fishing gear on the plane if you check a bag in case your checked luggage fails to arrive on time.**
- **If you have any questions, please contact our office at 828-577-8204**

Clothing

- Rain Jacket and Rain Pants** - Your rain gear must be waterproof (not just water resistant) and breathable. Gore-Tex is one of the better-known waterproof, breathable fabric brands, but there are many to choose from. Ponchos are not acceptable.
- Shorts** - One or Two pairs of synthetic (not cotton) shorts. Athletic shorts or hiking shorts work well.
- T-Shirts** - Three synthetic (not cotton) t-shirts.
- Long Sleeve Shirt** - One long sleeve synthetic shirt for sun protection.
- Underwear** - Six pairs of underwear
- Wading Sandals** - Flip-flops or Crocs are will work just fine for fishing from the boats. Fishing specific wading boots and sandals, or secure sandals such as Chacos, Texas, or Keens will work better when wade fishing.
- Sneakers or Tennis Shoes (optional)** - A comfortable and lightweight shoe for traveling.
- Socks (optional)** – Pack a few pairs of socks if you bring any shoes besides sandals.
- Swimsuit** – One swimsuit for swimming and fishing.

- Pants** – One pair of synthetic pants for fishing and hanging out at the lodge.

Fishing Gear

- *Fly Rod (8-9 wt. rod)** – 8 weight fly rods are the most versatile rods for saltwater fly-fishing. We recommend a 9 foot 8 weight fly rod.
- *Fly Fishing Reel** – A reel matched to your rod weight with backing and weight forward (WF) saltwater fly line.
- Polarized Sunglasses** – Polarized sunglasses are essential for fly-fishing. Non-polarized sunglasses are not sufficient.
- Sunglass Retainer** – Croakies, Chums or other similar brand.
- *Fishing Tackle** – All of the items below can be rented from LFFE as a complete “Tackle Lanyard” or brought by you. If finding them near you proves difficult, they can also be purchased at the start of the trip.
- One pair of Nippers** – Small clippers for cutting line (nail clippers work perfectly).
- One pair of Forceps** – Small locking pliers
- One Small Fly Box** – For storing the flies LFFE provides.

Miscellaneous Gear

- Day Pack/Fishing Pack** – Your day pack can be used as a carry-on for your flight. This can be a very basic backpack, maybe even just your school backpack. A satchel is fine, and it should be big enough to hold your lunch, water bottles, snacks, camera, fishing gear, and a rain jacket.
- Headlamp and extra batteries**
- Water Bottle** – One 1 Liter water bottle such as a Nalgene. A Camelback or similar water bladder will also work.
- Towel** – Medium size cotton towel or synthetic camping towel.
- Toiletries** – All items should be travel size. We will be able to re-stock on the trip.
- Hat with Visor**
- Wrist Watch** – Inexpensive and waterproof.
- Sunscreen (SPF 15+) and Chapstick (with SPF)** – We are at the beach and in the sun all day, sun protection is very important, please bring an ample supply.
- Insect Repellent**
- Personal Journal or Notebook**
- Spending Money** – \$25/week in cash or ATM/Debit card.

Optional Gear

- Book**
- Digital Camera and extra batteries** – Great for documenting the trip. Make sure to bring enough memory (1-4 GB).
- GO Pro** – Or similar compact/durable movie camera.

- A selection of your favorite saltwater flies**
- Hammock** – Lightweight brand made for backpacking.