

PHYSICAL FITNESS REFERENCE

Student's Name: _____

TO THE PARENTS

Please submit this form to your child's physical education teacher or coach. If your child does not currently take a physical education class or participate in organized sports, you may use a reference from a previous year or any teacher that sees your child participate in any physical activity.

I authorize the release of the following information to Lillard Fly Fishing Expeditions (LFFE).

Parent/Guardian Signature: _____ Date: _____

TO THE PHYSICAL EDUCATION TEACHER/COACH

The student named above has enrolled in a LFFE program. Please help us assure they will be a good fit for our program by providing the information requested, which is confidential. Please return this form to LFFE via the email, or mail address found below. Thank you

SECTION I: Physical Fitness

Please Circle the most accurate appraisal of this student's physical fitness.

EXCELLENT VERY GOOD GOOD FAIR POOR

Please Circle the most accurate appraisal of this student's endurance

EXCELLENT VERY GOOD GOOD FAIR POOR

SECTION II: Teamwork & Sportsmanship

TEAM WORK: EXCELLENT VERY GOOD GOOD FAIR POOR

RESPECT FOR AUTHORITY: EXCELLENT VERY GOOD GOOD FAIR POOR

RESPECT FOR PEERS: EXCELLENT VERY GOOD GOOD FAIR POOR

SECTION III: Additional Comments

Name: _____ Title: _____

School: _____ Phone: _____

Email: _____

Signature: _____ Date: _____